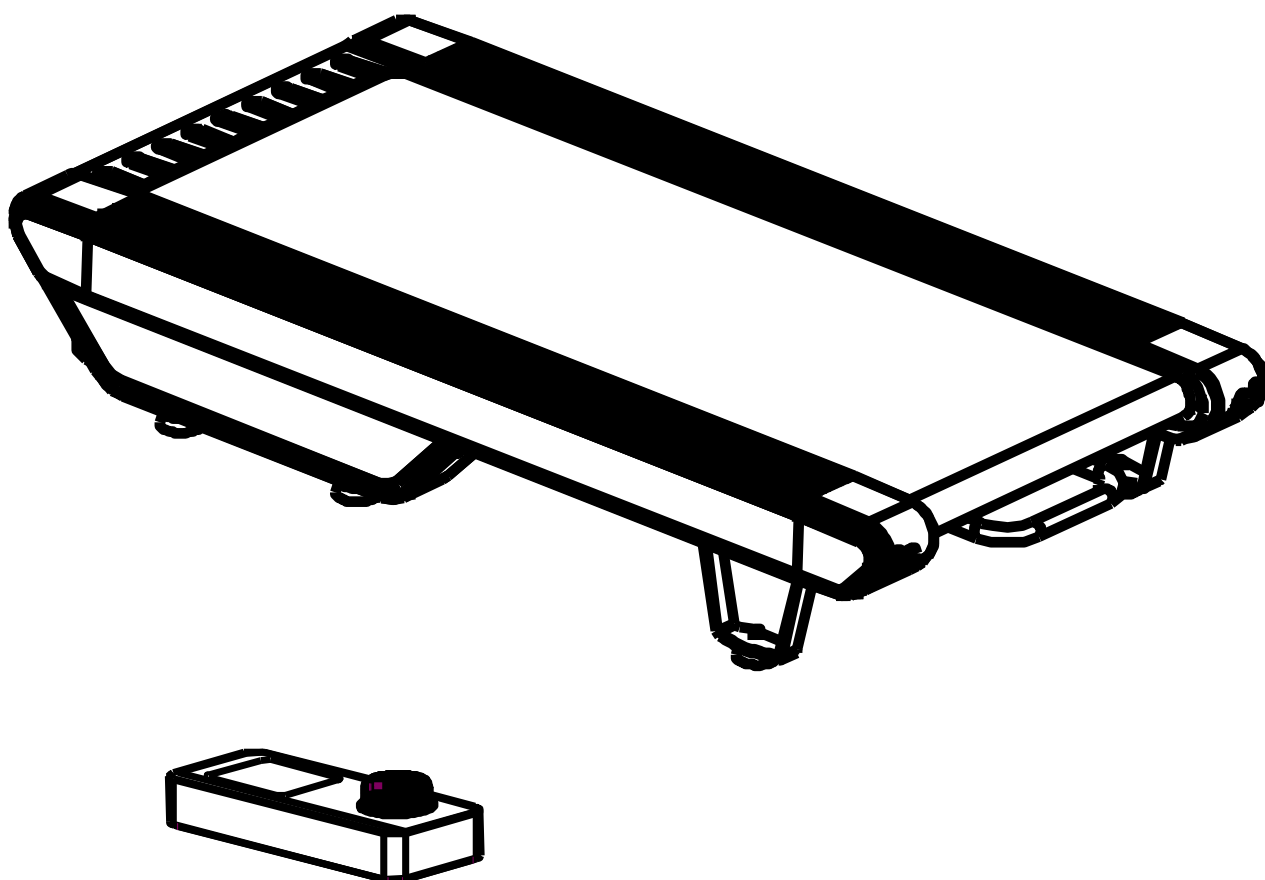


ActivUP walking treadmill

User manual

Model number : AU202UD



In order to download this manual's latest version and access to detailed information, please follow this link:



<http://activup.net/s/?d=manenau200>



Thank you and congratulations for buying this walking treadmill, model AU202UD !

You can find below some useful information to contact us.

Contact

ActivUP S.A.S.U

125 route du fer à cheval

74160 Collonges-sous-Salève

FRANCE

Tel : +33 1 85 08 60 18

Website : <http://www.activup.net>

Technical support

For any questions or technical support about your treadmill, please visit the following link:

<http://www.activup.net/en/support>.

You can also flash the code found on this manual's first page with your smartphone.

This device is made for an indoor use and is compliant with the EN 55014-1:2017, EN 55014-2:2015, EN 61000-3-2:2014 and EN 61000-3-3:2013 norms. An improper use of this device (excessive training, bad setup and so on) can put you in danger.

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Thank you for choosing and buying this treadmill !

Safety instruction

The product is designed and manufactured with a number of safety concerns, but please follow the instructions below, just in case. We do not bear the consequences of any abnormal operation.



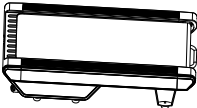

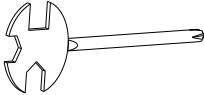


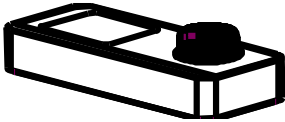



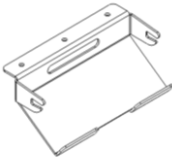
To ensure your safety and avoid accidents, please read the instructions carefully before using.

1. When you start training with this product, please consider your physical condition, train regularly and regularly, ensure that you have enough physical strength to train. Mistakes or too much training will not benefit your health.
2. This product is not suitable for use by children. It is forbidden to be used by people who are physically ill or mentally impaired and who lack common sense of use unless they are under the supervision or guidance of the person responsible for their safety regarding the use of the product. Children should be under guardianship. Make sure they do not play with the equipment.
3. The product is suitable for family or business use, is not suitable for professional training and testing, nor can it be used for medical purposes.
4. Please check all parts before use to make sure the screws and nuts are locked.
5. Place the product on a smooth, clean, flat floor to ensure that there are no sharp objects nearby and are not used near water and heat sources.
6. This product is only available for one person at a time.
7. The product shall be placed on an horizontal surface with a safe area of 2m*1m behind it.

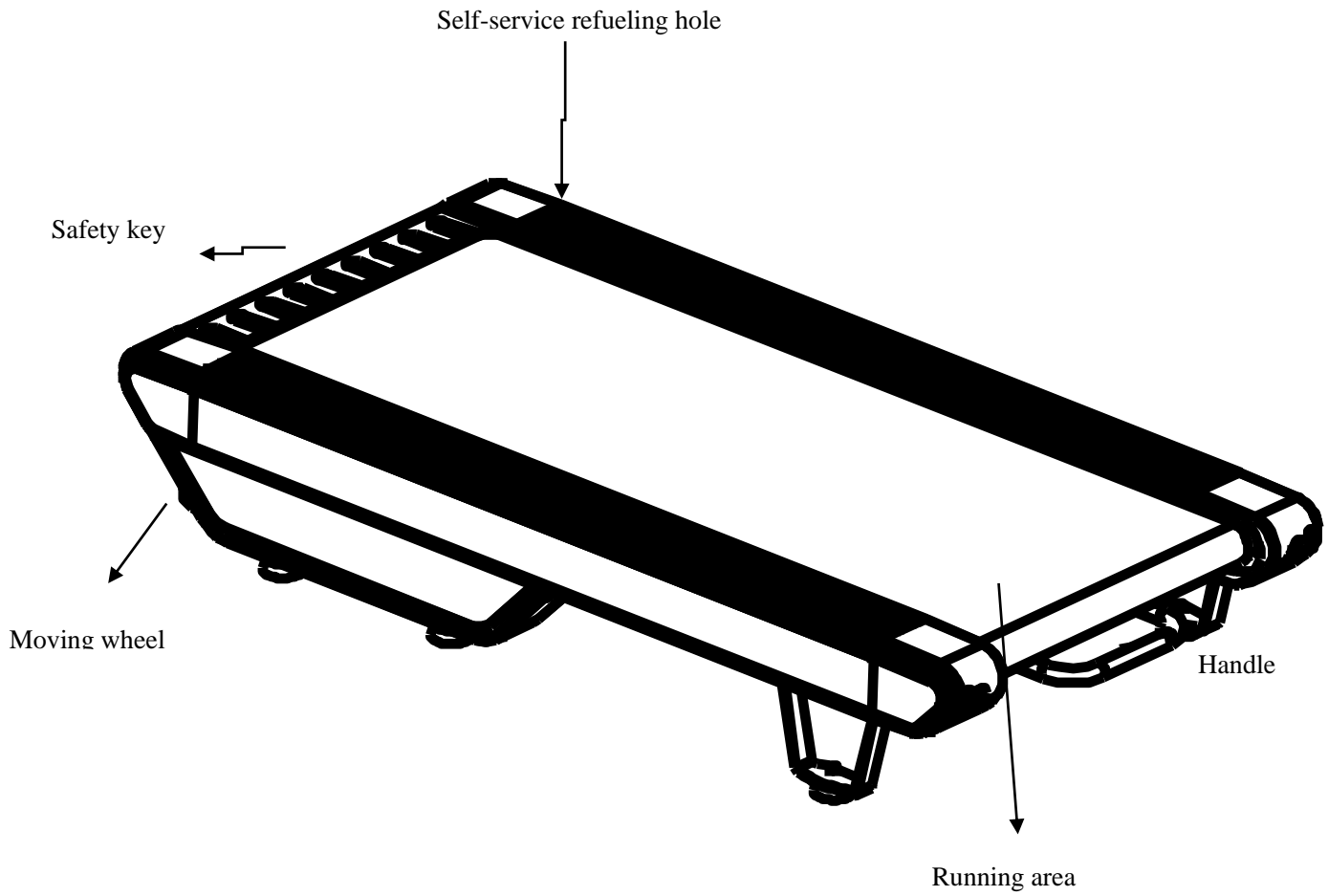
Special safety instruction

- Plug the power cord directly into the socket. No loosening is allowed.
- Please use a qualified socket to avoid the risk. If the plug and socket are incompatible, please do not move the plug, please handle it by the electrician.
- Some models are equipped with a safety key system extension to be placed under your desktop. To know more about it, please download the updated user manual available here :
<http://activup.net/s/?d=manenau200>

Packing list

No.	Parts name	Specification	Picture	Qty
1	Walking treadmill			1
2	Inner hexagon spanner	6mm		1
3	Multifunction wrench			1
4	Lubricating oil	20ML		1
5	Filler			1
6	Display			1
7	Power cord			1
8	Safety key cord			1
9	User manual			1
19	Console holder			1

AU202UD: exploded view



Display specification

Time	00:00-99:59 Min
Speed	1-8.0 km/h
Distance	0.00-99.9 km

Assembly






1. Place the display on your desktop or in the console holder (itself fixed under your desktop with the given screws).
2. Place the treadmill under your desk.
3. Plug the power cord to a wall outlet.

Display function



Distance	
Time	
Speed	
Calories	
Steps	
Power display	

Start Instruction

- Press “” button, after 3 seconds the machine starts to run at 1km/h
- Turn the knob clockwise or counter clockwise “” to regulate your speed.
- Press “” pause the machine. Press again “”, the machine continues to maintain its normal operation.
- “” This display shows the actual display battery level. Please turn off the machine to charge the battery when the power is not enough (10%).

Treadmill's specifications

Power	5.0HP
Speed	1.0-8.0 km/h
Console	Dis.,Time, ,Speed, Steps ,Cal.
Material	Steel, PVC
Product size	1625mm*695mm*195mm
Voltage	220V DC, 60HZ
Weight	59KGS

Power saving:

A power saving mode is used by this treadmill. It is automatically triggered if no action is detected within 10 minutes after turning on the machine.

This will turn the display off. In order to get out of the power saving mode, press any button on the display.

Maintenance

A regular maintenance is the only way to keep your walking treadmill functioning for the longest time possible. A lack of maintenance can reduce its lifespan.

Adjusting the running belt

Adjustment of running belt have two functions: to center the running belt and to adjust its tension. Running belt adjustment has already been done at the factory, but after use the running belt will be stretched and may run with off center position causing friction trim and rear cover damage. Running belt being stretched during use is normal. If you step off the treadmill while leaving it running it should return to center. If it doesn't, you might need to do some adjustment:

1. Start the treadmill and raise the speed to 6 km/h. Observe the gap between belt and sides at left and right.

2. If the belt is leaning to the left, use hex wrench to rotate the screw clockwise ¼ turn.



3. If the belt is leaning towards the right side, use the hex wrench, rotate right screw clockwise 1/4 turn.

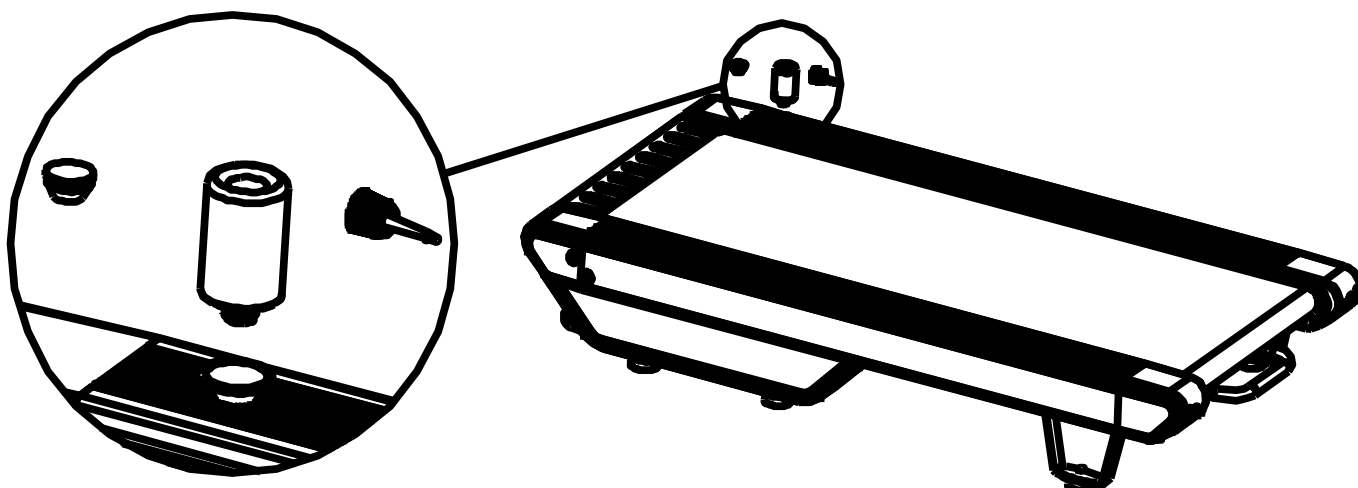


4. If the running belt is still not in the middle, repeat the above action, until the running belt is centered. If it becomes too tight, loosen tension by rotating counter clockwise equally on both left and right screw. Center the running belt to the middle, adjust speed to 8 km/h, and observe deviations running belt and running smooth. If there are deviations, repeat the adjustment steps.

WARNING! Do not over-tighten the drum! This will lead to permanent bearing damage! Loosen by rotating both left and right screw equally. You should always be able to lift the running belt by hand.

Lubricating

Lubricating oil is added during the making process of the walking machine. However, the lubricity of the walking machine must be frequently checked, so that the walking machine can be kept in the optimal use state. After using the walking machine for half a year or 100 hours, lubricating oil must be added. Every 30 hour or 30-day use, pull the running belt from the side and reach the surface of the running platform as far as possible. If you feel the silicone oil, it doesn't need to be lubricated; if there is a strong sense of dryness on the touch surface, please follow the instructions below to perform the fueling operation. Use non - petroleum silica gel oil.

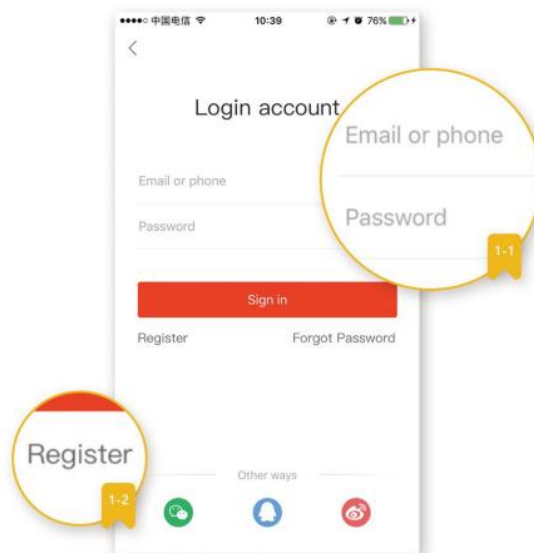


Mobile App

Scan the QR barcode to directly locate the app on your App Store on your device (available for both Android and iOS devices).



一、 Create your account

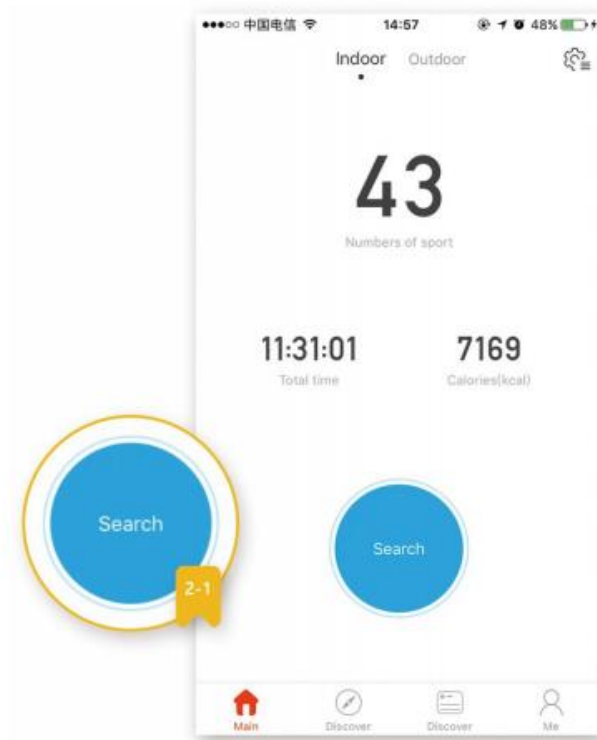


1-1. For first-time users, you must first register. If you already have an account, please enter your username and password.

1-2. Please use a registered mail or mobile phone number, and then enter your password in order to create an account.

二、 How to sync device

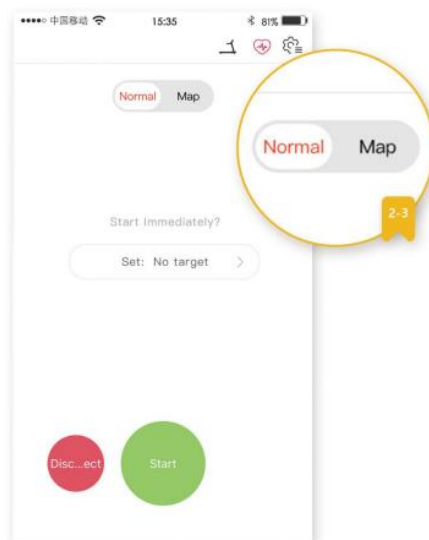
2.1、 Search equipment



2-1. Activate your smartphone's Bluetooth. Click on the home page on the blue button "Search" to start the device search.

2-2. Once the Bluetooth scan is completed, your treadmill will be displayed and connected to your smartphone.

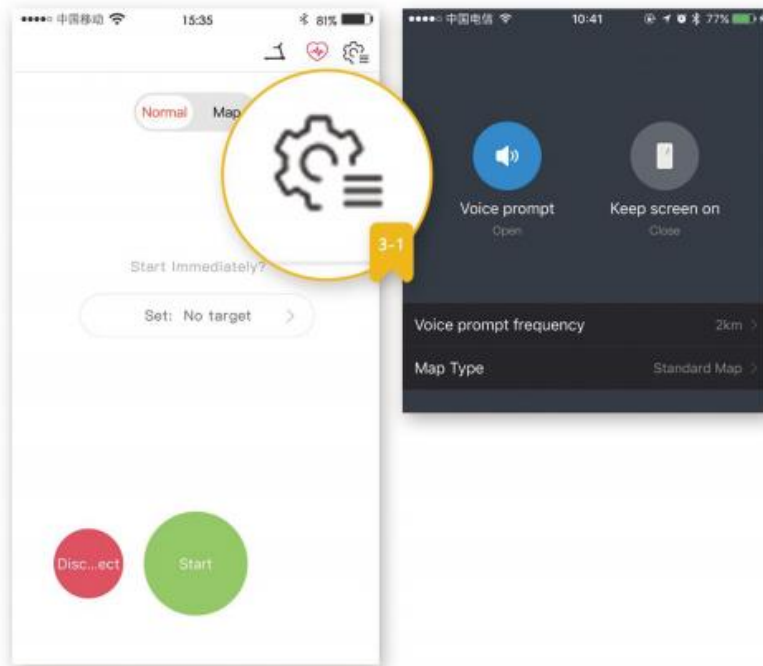
2.3、 Connect successfully



2-3. After a successful connection, you can select which recording mode you want to use (Normal or Map).

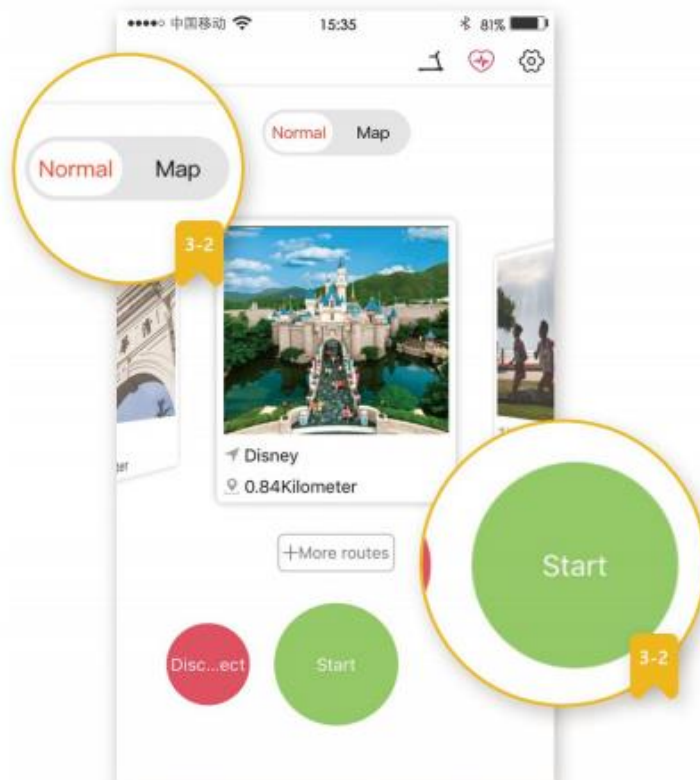
三、 Operational Instructions

3.1、 Motion setting



3-1. The setting menu is available through the icon presented on the picture above.

3.2、 Select mode



3-2. After connecting the device, the application will display two modes (Normal or Map), you can choose any mode according to your needs, and then click the "start" button for movement.

3.3、 Start exercise



When you start the exercise, all the information about it will be displayed on your phone (distance, time, steps, etc.).

In order to stop the recording, press the stop button.